

Northwestern Band of the Shoshone Nation

Newsletter

March 29th 2024

SAVE THE DATE:

- ◆ Weight Loss challenge weigh-in (Mon. April, 1st – 5th)
- ◆ Resource Classes (April 1st,15th,22nd,29th & May 6th)
- ◆ Beading Class (Thurs. April 4th &18th @ 4:30-6:30pm)
- ◆ Council Meeting (Fri. April 19th @ 6pm)
- ◆ Utah Legal Services (Fri. April, 19th) by appt only
- ◆ Language & Culture Camp (Sat, May 4th)
- ◆ Golden Spike Celebration (Sat, May 11th)
- ◆ Washakie Cemetery clean-up (Sat, May 11th)
- ◆ Archery (Sat, May 25th)
- ◆ Lagoon Day (Sat, June 15th)
- ◆ North Shore Swim (Sat, July 20th)

NWBSN Growth Courses

Starting Monday, April 1st, 2024.

Course topics cover

- Stress management
- Nutrition
- Auto maintenance
- Healthcare
- Alzheimer's information

Contact Courtney at

cmuir@nwbshoshone.com for more information and to get signed up.

*Incentives provided for participants.

WEIGHT LOSS CHALLENGE

Hours 8:30am – 4:30pm

Third weigh-in April 1st – 5th
Fri. Apr, 5th → (Brigham 3-5 p.m.)

Final weigh-in May 6th – 10th

Monthly weigh-in incentive: Subway card.

Reach end goal weight: \$200.00 gift card.

Overall winner for male & female: \$300.00 gift card.

PARTICIPANT MUST BE LOCATED IN UTAH OR IDAHO

YOU ARE REQUIRED to show up in-person to weigh-in (WEIGH-IN LOCATIONS ARE OGDEN, BRIGHAM, POCATELLO) and Weigh-in Monthly in-person to qualify for end goal incentives!

Idaho participants please contact Jason @ 208-478-5712 for more info



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-HELLO-
April



Beading Class II & III

Learn how to make key chains (beginners)

Thursday April 4th & 18th 4:30-6:30 PM

Tribal office Ogden @ 2575 Commerce Way

RSVP by Wednesday, April 3rd Call 435-734-2286

or email; beatrice@nwbsoshone.com

(Subject line **BEADING**)

Council Meeting

Friday, April, 19th

@ 6pm

Ogden Tribal Headquarters

2575 Commerce Way

Ogden, Utah



Will be in our office Friday April 19th

by Appointment only 10am -12pm

Please Call Patty 435-734-2286

to schedule an appointment.

Courtney's **RESOURCE CORNER**

Alzheimer's Association

Provides information and support for individuals living with Dementia, as well as their loved ones and caregivers.

24/7 HELPLINE: 800-272-3900

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-HELLO-
April

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Located at The Bear River Migratory Bird Refuge

Shoshone Language and Culture Camp



James V. Hansen
Wildlife Education Center
2155 West Forest Street
Brigham City, Utah

Saturday, May 4th
11:00am – 2:00pm
All ages welcome!



WASHAKIE CEMETERY CLEAN-UP

A dumpster & Port-a-potty will be available at the cemetery from **May 6th – 31st**

Corner Canyon Lacrosse team will be helping us clean up our Cemetery on **Saturday, May 11th 10am-1pm**. This is an annual event that we always look forward to. Tribal members are welcome and encouraged to join us. It's a great chance to get-to-know them, serve your ancestors and tribal family. Lunch will be provided.

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Weber County Archery Park

Saturday, May 25th
10 a.m. – 12 p.m.

Please RSVP by Wed. May 22nd 4pm
435-734-2286

1181 N Fairgrounds Drive
Ogden, Utah 84404



HOUSING RESOURCES

DOWN PAYMENT & HOME REHABILITATION ASSISTANCE

Assistance funding is available through Housing Services **for first time homebuyers and homeowners with emergency repair needs.** For applications and income requirements, please contact Housing Services.

Housing Services is currently accepting applications for our Low to Moderate Income Rental Program. This is an income-based program and homes are located in Brigham City and Ogden. If you are interested in being added to the Wait List, or you have an application older than one year, please reach out to Kristie at housing@nwbshoshone.com to complete or update your application.